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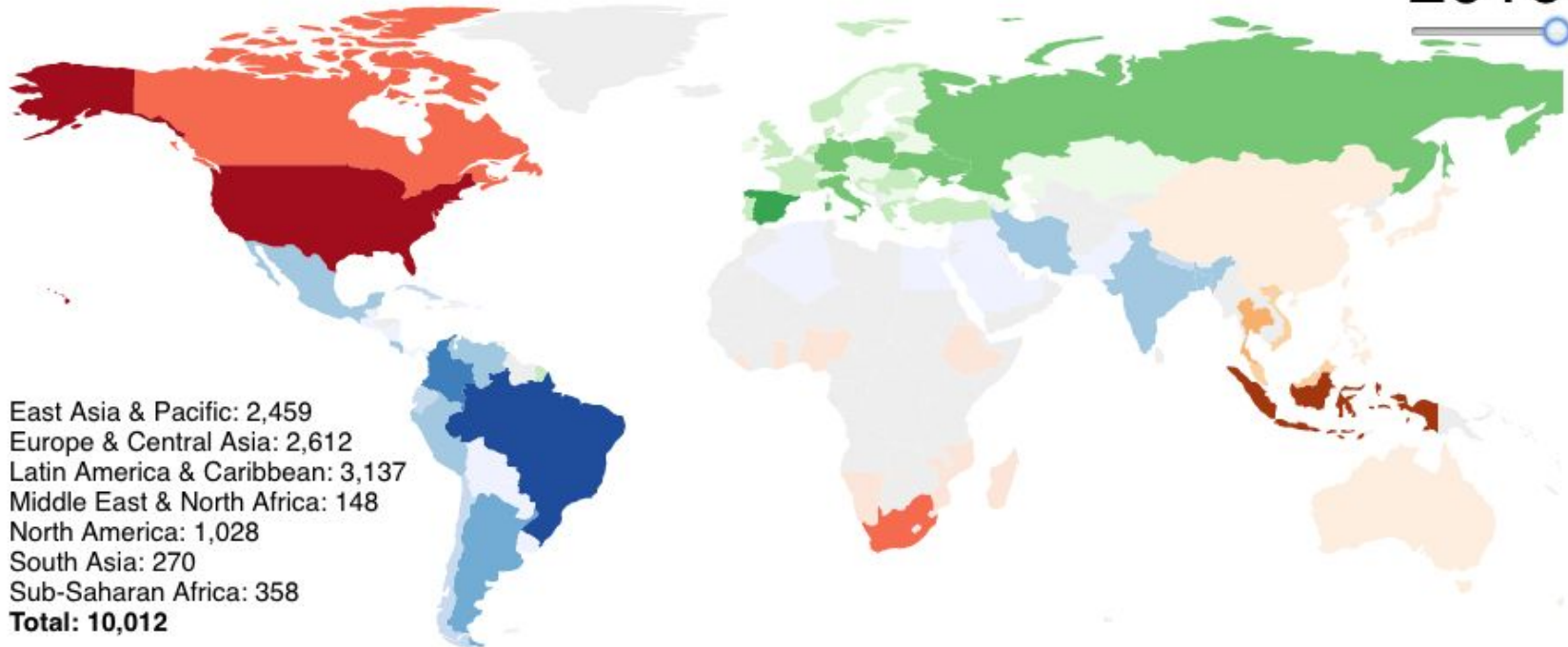
An introduction to OJS 3

Sonya Betz, University of Alberta

# OJS, a brief history

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# History of Science in South Asia

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**DOI:** <https://doi.org/10.18732/hssa.v6i0>

**Published:** 2018-04-22

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## Articles



### Premodern Yoga Traditions and Ayurveda

Jason Eric Birch

1-83

[PDF](#)



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## Premodern Yoga Traditions and Ayurveda

Preliminary Remarks on Shared Terminology, Theory and Praxis

### Jason Eric Birch

SOAS University of London

[ID](https://orcid.org/0000-0003-3569-9993) <https://orcid.org/0000-0003-3569-9993>

DOI: <https://doi.org/10.18732/hssa.v6i0.25>

### Abstract

The research for this article was prompted by the question: were Yoga and Āyurveda as intimately connected in premodern times as they do seem today? It attempts to give a preliminary answer by assessing the influence of Āyurveda on a corpus of mediaeval Yoga texts, in terms of shared terminology, theory and praxis. The date of this corpus ranges from the eleventh to the nineteenth century CE, and all of its texts teach physical techniques and an ascetic state of dormant meditative absorption (*samādhi*), either as auxiliaries within a system of Yoga or as autonomous systems in themselves. The physical techniques became known as Haṭhayoga and the ascetic state of *samādhi* as Rāiyoga, and the texts in which they appear



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## Premodern Yoga Traditions and Ayurveda

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JE Birch - History of Science in South Asia, 2018 - journals.library.ualberta.ca

... Firstly, how old might this relationship be and, secondly, was it as intimately connected in **pre-modern** times as it seems today ... 6 **premodern yoga traditions** and **ayurveda** ... 19 For a discussion on the date of the **Yoga-** tārāvālī, see Birch 2015: 5–8. 20 For the different names of this ...

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D Wujastyk, S Newcombe... - History of Science in ..., 2017 - journals.library.ualberta.ca

... For the **pre-modern** period, the AyurYog project has focused on Sanskrit texts, drawing ... medical elements in medieval **yoga traditions** in his article "**Premodern Yoga Traditions and Ayurveda** ... However, longevity practices in the **yoga traditions** and their connection to al-chemical ...

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... between **yoga**, yogis and **Ayurveda** is not prevalent in the known **pre-modern ayurvedic** record ... any part of the treatment meth-ods or longevity prescriptions in **premodern ayurvedic** texts ...

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- Reviewer
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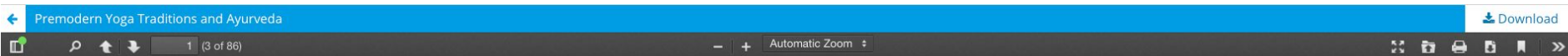
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# And the final product is published online!



## Premodern Yoga Traditions and Ayurveda: Preliminary Remarks on Shared Terminology, Theory, and Praxis

Jason Birch

*School of Oriental and African Studies, London University*

### INTRODUCTION

**I**N THE CONTEMPORARY GLOBAL MARKET FOR WELLNESS, the combining of Yoga and Ayurveda is common. More than a married couple, Yoga and Ayurveda are deemed to be sisters, born of the same scriptural family, the Vedas.<sup>1</sup> A recent example of this seemingly familial relationship is found in the promotional material of the Moksha Festival, which is one of the many Yoga events held annually in America. It is billed as “a celebration of wellness, spiritual expansion and conscious living through: Yoga, Health, Ayurveda, Sacred Music and Spiritual Art,” and the festival’s website states:

... Ayurveda is the sister science to yoga. Together yoga and Ayurveda work toward the goal of helping a person achieve health, happiness, and ultimately liberation. According to Ayurveda and yoga, health can only be achieved by the balanced and dynamic integration of body, mind and spirit with the changing cycles of nature.<sup>2</sup>

The idea that Yoga and Ayurveda are “sisters” might seem somewhat unsur-

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### ARCHIVES

#### 2012

##### [VOL 2, NO 1 \(2012\)](#)

ReSonare announces the publication of our second volume. In this volume, we aim to establish a rolling journal, whereby we will be publishing material as it is prepared.

Theory, sound, and musicology have been the predominant areas of discussion for this issue. We hope these articles prove to be insightful and engaging.

Please feel free to interact with us and the published material. We look forward to discussion covering all areas of music research.

Niyati Dhokai and Sandra Joy Friesen, editors.

#### 2011

##### [VOL 1, NO 1 \(2011\)](#)

We are proud to announce the publication of ReSonare, the online graduate music journal at the University of Alberta. With the publication of our first articles, we look forward to serving as an effective sounding board for all areas of music research, particularly one in which graduate students are actively involved in the dissemination of music scholarship. Through an interdisciplinary focus, we hope to encourage a rich dialogue that involves all areas of music scholarship, including experimental and cross-disciplinary collaboration.

We would like to thank the Editorial Board and the Faculty of the Department of Music, as well as folkwaysAlive! at the University of Alberta, for their efforts in supporting the launch of ReSonare.

Niyati Dhokai and Christopher Miersma, editors.

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## Uusin numero

VOL 30 NRO 4 (2017): ELOKUVATEORIAN ULOTTUVUUDET



Elokuvateorian ulottuvuuksia tarkasteleva teemanumero tarjoaa erilaisia näkökulmia siihen, mitä elokuva potentiaalisesti voi olla tai miten sitä voidaan tehdä, katsoa ja tulkita toisella tavalla. Elokuva voi avata uusia näkökulmia maailman, ajallisuuden ja subjektiviteetin filosofiseen tarkasteluun. Se voi olla vaikuttamisen väline tai tuoda todellisuudesta esiin ulottuvuuksia, jotka muutoin jäisivät näkemättä. Sillä voidaan tutkia ja kommentoida toisia elokuvia tai nähdä asioita toisella tavalla. Se voi olla myös käytännöllinen apuväline, jonka avulla voi tutkia omaa identiteettiään tai oppia uusia asioita maailmasta. Sanalla sanoen elokuva ja elokuvateorioiden paljous voivat avata uusia teitä ajattelulle.

Numeron 4/2017 vastaavat toimittajat:

Antti Pönni ja Tytti Rantanen

JULKAISTU: 2018-01-11

KOKO NUMERO

[Lähikuvan koko numero 4-2017](#)

Lähikuva on elokuvan ja mediakulttuurin tutkimukseen keskittynyt tieteellinen aikakauslehti, joka ilmestyy neljä kertaa vuodessa. Sitä julkaisee Lähikuva-yhdistys.

### UUSIN NUMERO

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## Latest Articles

### EDITORIALS

*Food & Nutrition Research with new aims and scope*

Asim K. Duttaroy

Published: 2018-04-26

[PDF](#)[HTML](#)[EPUB](#)[XML](#)

## About the Journal

As one of the first Open Access journals in its field, *Food & Nutrition Research* offers an important forum for researchers to exchange the latest results from research on human nutrition broadly and food-related nutrition in particular. The Journal is widely indexed and has an **Impact Factor of 2.039** (2016).

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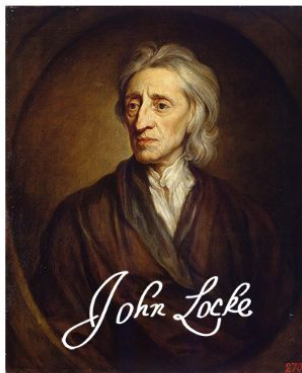
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# LOCKE STUDIES

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## Locke Studies

*Locke Studies* (formerly *The Locke Newsletter*, 1970-2000) is an open-access, peer-reviewed annual journal devoted to contemporary research on any aspect of the life and work of the great English philosopher John Locke (1632-1704). The journal is unique in being the only one in the world devoted entirely to Locke scholarship. It provides a scholarly forum for the free exchange of knowledge and ideas about Locke, his thought, and his contributions. While much of the content we publish rests on original research and specialist knowledge of Locke's life, work, and significance, we also welcome contributions on his contemporaries and related thinkers (e.g. John Norris, Catharine Trotter Cockburn, or Edward Stillingfleet) and the reception and interpretation of Locke down to the present day. Since 2018, the publication of *Locke Studies* has been overseen by [The John Locke Society](#).



## Information

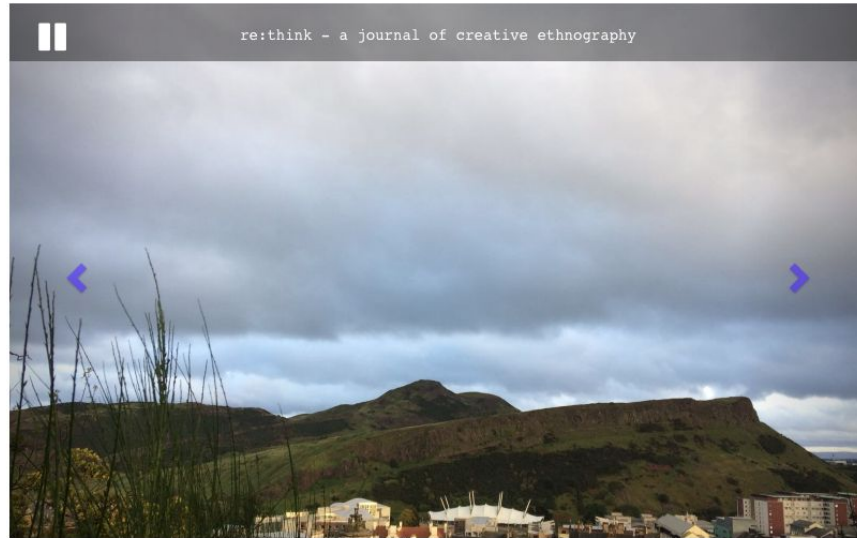
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Welcome to Re:think: a peer-reviewed, open-access, interdisciplinary journal exploring the potential of ethnography as a form of creative research practice and expression.

Our objective is to provide a platform for undergraduate student work which seeks to better understand the everyday life of ourselves and others through ethnographic research.

We invite submissions in the form of academic essays, short informal/reflective pieces, short films and photo-essays.

[Accepted Forms of Submission](#)

Note - submissions must comply with re:think's [Author Guidelines](#).

## Tweets by [@rethinkjournal](#)

 Re:think Ethnography Retweeted 

 **Esther R Anderson**  
[@EstherR\\_And](#)

Giving a lecture to honours students (from the arts/humanities) tomorrow about the sensory, embodied, and emotive aspects of ethnographic fieldwork.

This seems accurate.



  May 6, 2018

 Re:think Ethnography Retweeted 

 **Lauren Wilks**  
[@wilksis](#)

lots of great submissions for [@rethinkjournal](#) - a new open access journal for undergraduate ethnographic work. first issue coming soon! [@islrsm\\_](#) [@AnstockClare](#) [@huataicui](#) [@JennyBrownlie](#) [@amarsdaughter](#) [@excogitating](#) [@AnthroEdinburgh](#) [@uoessps](#)

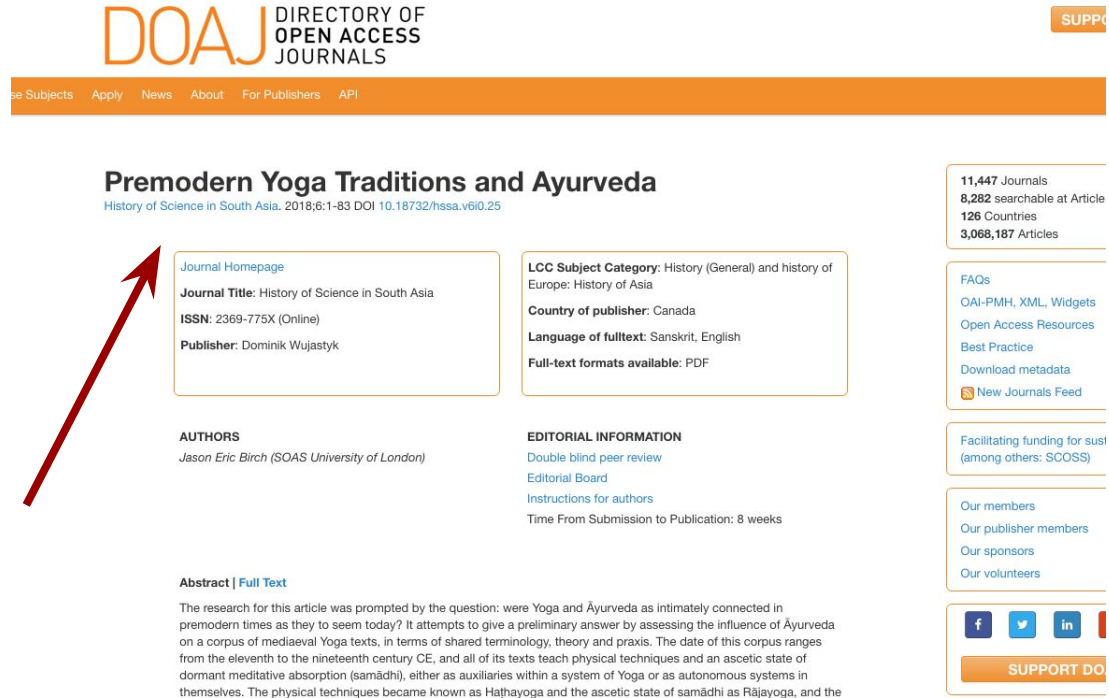
  May 2, 2018



# Additional features: Integration with other services

## Plugins for:

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- Exporting metadata to DOAJ, PubMed, etc
- Integration with ORCID
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The screenshot displays the DOAJ website interface. At the top, the logo 'DOAJ DIRECTORY OF OPEN ACCESS JOURNALS' is visible. Below the logo is a navigation bar with links: 'Home', 'Subjects', 'Apply', 'News', 'About', 'For Publishers', and 'API'. The main content area features the article title 'Premodern Yoga Traditions and Ayurveda' with a red arrow pointing to it. Below the title is the journal information: 'History of Science in South Asia. 2018;6:1-83 DOI 10.18732/hssa.v6i0.25'. The article details are organized into several sections: 'Journal Homepage' (with a link), 'Journal Title: History of Science in South Asia', 'ISSN: 2369-775X (Online)', and 'Publisher: Dominik Wujastyk'. To the right, there are two boxes: 'LCC Subject Category: History (General) and history of Europe: History of Asia', 'Country of publisher: Canada', 'Language of fulltext: Sanskrit, English', and 'Full-text formats available: PDF'. Below these are sections for 'AUTHORS' (Jason Eric Birch, SOAS University of London) and 'EDITORIAL INFORMATION' (Double blind peer review, Editorial Board, Instructions for authors, Time From Submission to Publication: 8 weeks). At the bottom, there is an 'Abstract | Full Text' section with a paragraph of text. On the right side of the page, there are several utility boxes: '11,447 Journals', '8,282 searchable at Article', '126 Countries', '3,068,187 Articles'; 'FAQs', 'OAI-PMH, XML, Widgets', 'Open Access Resources', 'Best Practice', 'Download metadata', 'New Journals Feed'; 'Facilitating funding for just (among others: SCOSS)'; 'Our members', 'Our publisher members', 'Our sponsors', 'Our volunteers'; and social media icons for Facebook, Twitter, and LinkedIn, along with a 'SUPPORT DO' button.

# But wait, there's more!

- Multilingual interface support
- Configurable settings for review processes, sections, workflows
- Communication tools and notifications

Announcements About ▾

# INVOKE

SOCIOLOGY UNDERGRADUATE JOURNAL

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## Announcements

[INvoke Volume 3 out now!](#)  
📅 2018-04-05

The new issue of INvoke is out now and accessible by clicking the "Current" tab on the website or by clicking this link.

[CALL FOR SUBMISSIONS: INVOKE JOURNAL](#)  
📅 2017-10-31

The focus and scope of the journal comprises of anything sociological, that is presenting scholarly research with a sociological perspective. This does not completely exclude perspectives of other disciplines; sociology is a very broad and overlapping field and submissions with overlapping perspectives will be accepted. Please fill out this form to

# The fine print:

- Steep(ish) learning curve, especially design
- Needs local technical expertise to install and maintain upgrades
- Documentation needs some help

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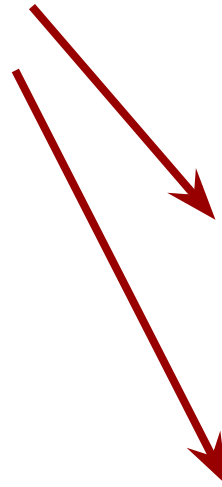
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- Not sure you have the technical infrastructure or resources to run OJS 3? University of Alberta will host Canadian open access journals free of charge.



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Public Knowledge Project > Open Journal Systems > Demo

## Demo

### OJS Demo

PKP hosts a demonstration of OJS:

- [OJS 3.x \(current\)](#)
- [OJS 2.4.x \(legacy\)](#)

### OJS Testdrive

To explore the inner workings of OJS, you can take OJS for a test drive using a l

- [OJS 3.x \(current\)](#)
- [OJS 2.4.x \(legacy\)](#)

The login for the administrator account is "admin" and the password is "testdriv  
are intended for short-term evaluations of the software.



Questions?

Sonya Betz, [sfbetz@ualberta.ca](mailto:sfbetz@ualberta.ca)